

David Boudreau, M.A., M.S.W., R.S.W.
Curriculum Vitae
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EDUCATION

M.S.W., McGill University	(1991)
B.S.W., McGill University	(1989)
M.A., Western University	(1982)
B.A. (Honours), Western University	(1979)

EMPLOYMENT

Instructor (part-time) Toronto Art Therapy Institute	2020-present
Therapist Therapy Heals, Woodbridge Ontario	2021-present
Professor, Faculty of Applied Health and Community Studies Sheridan College	2006-2021
Instructor (part-time) M.S.W. Program for Working Professionals, University of Windsor	2009-2011
Lecturer (part-time) Toronto Art Therapy Institute	2008- 2020
E-Counsellor (part time) Shepell-fgi	2006-2015
Regional Manager, Clinical Services FGIworld (<i>now Shepell-Morneau</i>)	2000-2006
Counsellor FGIworld (formerly CHC-Working Well)	1997-2000
Project Coordinator City of York Child & Family Centre	1996-1997
Social Worker/Clinician City of York Child and Family Centre, Toronto	1997-1998
Social Worker/Family Therapist/Residential Social Worker Oolagen Community Services, Toronto	1991-1997
Individual and Family Therapist Rapport Youth and Family Counselling, Brampton	1990-1991

Private Practitioner (Clinical Social Work)	1992–present
Social Service Worker North Bay Social Services	1983-1989
Instructor, Sociology Fanshawe College, London Ontario	1981-1982
Lecturer, Sociology King's College, Western University	1981-1982

TEACHING EXPERIENCE

Toronto Art Therapy Institute

Family and Couple Therapy
Guest Lecturer, Social and Cultural Issues in Art Therapy

Sheridan College, Faculty of Applied Health and Community Studies, Social Service Worker Program

Crisis Intervention and Trauma-Informed Practice
Advanced Helping Skills
Professional Practice 1 and 2
Human Development
Concept of Helping
Group Work Methods
Introduction to Social Service and Field Practicum
Practicum Lab

University of Windsor, M.S.W for Working Professionals Program

Challenges in Human Development
Foundation Skills in Advanced Social Work Practice
Advanced Direct Social Work Practice

RELATED PROFESSIONAL ACTIVITIES

Presentations and Workshops:

Complexions
Solution Focused Therapy –Breakaway Youth Services, Toronto
Narrative Therapy with Youth and families, Oolagen Community Services
Narrative Therapy with Heterosexism, International Conference on Narrative Therapy
Clinical Work with Youth, series of workshops with Horizons for Youth shelter
EAP Counselling, Toronto Advanced Professional Education

PUBLICATIONS

Boudreau, David (2019) *How to Use Your Camera to Refocus Yourself Toward Happiness*. Happify. <https://www.happify.com/hd/how-to-use-your-camera-to-refocus-yourself-toward-happiness/>

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PROFESSIONAL ASSOCIATIONS

Registered Member of the Ontario College of Social Workers and Social Service Workers
Member, Ontario Association of Social Workers