

PATRICIA HOI LING KI

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EDUCATION

- 2018-present **Doctoral Program in Critical Disability Studies**, School of Health Policy & Management, York University
- 2013-2014 **Master of Social Work**, York University
Practice-based Research Paper: *What Do We Mean by Support? A Discourse Analytic Study of Practitioners' Talk about Facilitating Support Groups for Eating and Body Image Issues.*
- 2011-2013 **Bachelor of Social Work**, Spec. Hons., Suma Cum Laude, York University
- 2008-2011 **Graduate Diploma in Art Therapy**, **Toronto Art Therapy Institute**
Thesis: *Exploring the Experiences of Participants in Short-Term Art-Based Support Groups for Adults Living with Eating Disorders.*
- 2003-2007 **Bachelor of Fine Arts**, Ontario College of Art and Design

HONOURS & AWARDS

- 2020 **Ontario Graduate Scholarship**
- 2014 **Gerry Erikson Prize for Best Practice-Based Research Paper**, Graduate Program in Social Work, York University
- 2013-2014 **York University Graduate Scholarship**
- 2012 **Dr. Martin A. Fischer Award for Best Thesis**, Toronto Art Therapy Institute
- 2011 **York University Continuing Student Scholarship**

CURRENT RESEARCH

- Critical arts-based inquiry exploring feminist and disability theories on ethics and practices of care
- Critical discourse analysis of various conceptualizations of trauma and their associated emotions in relations to discourses of race, gender, disability, and psychiatry

RESEARCH EXPERIENCE

- 2013-2014 **Graduate Student, Master of Social Work, York University**
- Practice-based Research Paper:** *What Do We Mean By Support? A Discourse Analytic Study of Practitioners' Talk about Facilitating Support Groups for Eating and Body Image Issues*
- Reviewed and analyzed literature on the social, historical, and political contexts of eating disorders as a psychiatric construct.
 - Interviewed five practitioners who facilitated support groups in community-based settings, using semi-structured interviews and art-based research methods.
 - Using discourse analysis and informed by critical feminist theories.

- 2013-2014 **Graduate Assistant, New Opportunities for Innovative Student Engagement (NOISE), York University**
- In a participatory action research project, planned and facilitated weekly group meetings with high school students living in the Jane/Finch neighbourhood to discuss various research methods and social issues such as place-based discrimination.
 - Coordinated social action events and research presentations in collaboration with the youth and social work students.
- 2013-2014 **Art Therapist, South Riverdale Community Health Centre & School of Nursing, York University**
- Research Study:** *Art Therapy for Chinese Canadian Breast Cancer Survivors in Toronto*
- Provided consultation to research team in a project exploring the usefulness of art therapy with Chinese women who have survived cancer.
 - Designed and facilitated arts and mindfulness-based exercises for a support group with Chinese women.
- 2012-2013 **Social Work Placement Student, YWCA Toronto, Breakthrough & Choices for Living**
- Initiated, developed, and implemented arts-based, qualitative, and quantitative evaluation tools for expressive arts groups with over 100 participants in five group programs; compiled and analyzed evaluation data for agency reports.
- 2011 **Undergraduate Student, Foundation of Social Work Research (SOWK3070), York University**
- Group Project:** *Your Voices Matter: Sistering Participant Satisfactory Survey*
- Collaborated with staff at Sistering, a local drop-in centre for women, to develop and implement a program evaluation tool.
 - Conducted surveys with Chinese-speaking participants at Sistering.
 - Led in the analysis of survey data and the writing of an executive summary.
- 2010 **Graduate Student, Graduate Diploma in Art Therapy, Toronto Art Therapy Institute**
- Thesis:** *Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders*
- Reviewed and analyzed literature on the theories of etiology, treatment models, and arts-based interventions for eating disorders.
 - Interviewed six women who participated in arts-based support groups at a community-based support centre.
 - Analyzed interview data using qualitative analysis methods informed by narrative and phenomenological research frameworks.

PEER-REVIEWED PUBLICATIONS

- Ki, P. (2020). "Hap walk": A reading of *Living a Feminist Life* by Sara Ahmed and "docile bodies" in *Discipline and Punish* by Michel Foucault. *Canadian Journal of Disability Studies*, 9(1), 191-217.
- Ki, P. & Muskat, A. (2018). Practicing gratitude: Reflections on a community-based group in a supportive housing setting. In C. Wilkins, S. Skolnik & J. Genke (eds.), *Group work around the globe: Creative Transformative Connections in Challenging Times*. New York, NY: International Association for Social Work with Groups.

- Ki, P. (2015). Telling a different story about 'eating disorders': Reflections on historical and social contexts and women's narratives about well-being and recovery. In P. A. Pryma, F. J. Graveline & T. Weinberg (eds.), *Resilience, recovery & art therapy: A collection of articles, 36th Canadian Art Therapy Association Conference* (pp. 130-140). Parksville, BC: Canadian Art Therapy Association.
- Lee, T. Y., Mitchell, G. J., Liaw, J. J., Ho, G., Cheng, T., Ki, P., & Wong, W. (2015). Art therapy for Chinese Canadian breast cancer survivors in Toronto. *Journal of Scientific Research & Reports*, 4(5), 421-429.
- Ki, P. (2014). The prevalence of mental health issues in children and youth involved with child welfare services in Ontario [poster]. *Revue York Online Undergraduate Research Review*, 1(1), 131. <http://yourreview.journals.yorku.ca/index.php/yourreview/article/view/40344>
- Ki, P. (2013). Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders. *Canadian Art Therapy Association Journal*, 24(2), 1-13.

PRESENTATIONS

- Ki, P. (2019, June). *Defiant bodies and subversive rage: A gendered history of borderline personality disorder*. Paper presented at Canadian Disability Studies Association 2019 Annual Conference, Congress of the Humanities and Social Sciences, Vancouver, BC.
- Ki, P. (2018, October). *Make our own maps: Creative journaling with women through the landscapes of substances use and trauma*. Workshop presented at 39th Annual Canadian Art Therapy Association Conference, Montreal, QC.
- Muskat, A., Ki, P., & Luminoso, K. (2017, June). *Practicing gratitude: Reflections on a community-based group in a supportive housing setting*. Workshop presented at 2017 International Association for Social Work with Groups Symposium, New York City, NY.
- Ki, P. (2016, November). *What is art therapy? Theories and practice implications*. Guest lecture presented at Humber College Addictions & Mental Health program, Holistic Assessment & Interventions: Determinants of Health (ADMH 5005), Toronto, ON.
- Ki, P. (2015, October). *Telling a different story about 'eating disorders': Reflections on historical and social contexts and women's narratives about well-being and recovery*. Paper presented at 36th Canadian Art Therapy Association Conference, Halifax, NS.
- Ki, P. (2014, September). *What do we mean by support? A discourse analytic study of practitioners' talk about facilitating support groups for eating and body image issues*. Paper presented at Practice-based Research Paper Conference, School of Social Work, York University, Toronto, ON.
- Ki, P. (2013, February). *Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders*. Paper presented at National Initiative for Eating Disorders Symposium, Toronto, ON.
- Ki, P. (2013, February). *The prevalence of mental health issues in children and youth involved with child welfare services in Ontario*. Poster presented at York University's Undergraduate Research Fair 2012-13, Toronto, ON.

PROFESSIONAL EXPERIENCES

- 2020 - present **Graduate Assistant, Faculty of Health, York University**
- Assisting in the editing of the text, *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*; assist chapter authors with manuscript development.
- 2018 - present **Practicum Supervisor/Course Instructor/Clinic Manager, Toronto Art Therapy Institute**
- Providing clinical supervision of practicum students engaging in individual and group counselling work at various mental health agencies.
 - Developing course material and lecturing for the course Practicum Preparation (onsite and distant learning) (since September 2019).
 - Coordinating the intake, waitlists, and everyday operations of the online art therapy clinic (since September 2020).
- 2018 - 2020 **Teaching Assistant / Tutorial Leader, Department of Equity Studies, York University**
- Leading two tutorial sections for the course Health and Equity (HREQ 1930) in 2018-2019
 - Leading two tutorial sections for the course Social Change in Canada (HREQ 1880) in 2019-2020
 - Planning and facilitating classroom activities to promote critical thinking and reading and to support deeper understanding of course concepts and material; evaluating and grading students' assignments and exams.
- 2018 - 2019 **Art Therapist, Unison Community and Social Services**
- Sessional contracts developing and facilitating arts and mindfulness-based group programs for individuals dealing with mental health issues.
- 2015-2018 **Counsellor / Social Worker, Supportive Housing, Jean Tweed Centre**
- Offered services in counselling and service coordination in a supportive housing program for women living with mental health and/or substance use issues.
 - Developed and facilitated arts and mindfulness-based group programs for tenants.
 - Providing supervision and training to social work students.
- 2014 **Trauma Counsellor, Women's Connection Program, Parkdale Community Health Centre (Contract)**
- Offered individual counselling for women who have experienced trauma; supported pre-natal and post-natal groups; facilitated open art studio group.
- 2014-2015 **Shelter Support Worker (relief), YWCA Women's Shelter**
- 2014 **Master of Social Work Placement Student, Sistering: A Women's Place**
- Offered drop-in counselling to women experiencing poverty, housing insecurity, substance use and mental health issues, disabilities, and social marginalization.
- 2012-2013 **Bachelor of Social Work Placement Student, YWCA Toronto**
- Planned and co-facilitated counselling and social action groups for women who have experienced trauma and mental health issues using expressive arts practices.
- 2010-2014 **Expressive Arts Group facilitator, Sheena's Place**
- Developed and facilitated arts-based support groups for individuals living with eating disorders; organized awareness-raising events with program participants through annual expressive arts exhibition.

2008-2010 **Art Therapy Intern, Toronto Art Therapy Institute**

- Facilitated individual and group art therapy in mental health agencies/programs including Margaret Frazer House, Brock Junior Public School, Sheena's Place, Barbra Schlifer Commemorative Clinic, and The Lighthouse Community Centre.

MEMBERSHIPS

Chair, Critical Disability Studies Student Association (2019-2020), York University

- Student representative in the Faculty Council of Faculty of Graduate Studies and the Critical Disability Studies Executive Committee

Registered member, Ontario College of Social Workers and Social Service Workers

Registered member, Canadian Art Therapy Association

- Communications Director (2019-present); Editor and Designer of the Association's online magazine (2018-present); member of Annual Conference Committee (2012-present)

LANGUAGES

Fluent in English and Chinese/Cantonese (written/spoken)