

Jacqueline Compton (she/her), RCAT, RP

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Education

- 2019-Present **Level 3 Graduate Advance Integrative Training Certification in Sensorimotor**
Sensorimotor Psychotherapy Institute
- 2014-2016 **Level 2 Graduate Training in Sensorimotor Psychotherapy**
Sensorimotor Psychotherapy Institute
- 2013-2014 **Level 1 Graduate Training in Sensorimotor Psychotherapy**
Sensorimotor Psychotherapy Institute
- 2008-2009 **Graduate Diploma in Art Therapy D.T.A.T.I**
Toronto Art Therapy Institute
- 2004-2007 **Bachelor of Arts (Honours) in Psychology**
York University

Work Experience

- 2019-2020 **Barbra Schlifer Commemorative Clinic**
Director of Counselling Services, Counselling Department
Supports frontline counselling staff in implementing best practice and trauma-informed counseling services. Created trauma-informed programming and case consultations to service providers. Provided debriefing, consultation on high-risk cases, CAS cases, force marriage. Provides support in programming gaps in developing in and implementing innovative and new ways of providing service efficiently and effectively. Provides individual and group clinical case supervision and case load management and provides mentoring and support of trauma-informed clinical interventions. Develops and assesses evaluation tools and clinical assessments for counseling department. Oversees and prepares letters to advise other agencies that women are receiving services. Prepares written psychological reports. Provides ongoing research and evaluation of counseling programming and its implementation. Participates in community committees and networks. Researchers and prepares grant proposals. Prepares agency reports and provides consultation to other agencies.
- 2017- 2019 **Barbra Schlifer Commemorative Clinic**
Program Manager, Counselling Department
Supports frontline counselling staff in implementing best practice and trauma-informed counseling services and support the Director of Counselling.
- 2017-2018 **Sensorimotor Psychotherapy Institute** Toronto, ON
Teacher Assistant
Level 1: Affect Dysregulation, Survival Defenses and Traumatic Memory
- 2017 **2017 American Art Therapy 48th Annual Conference** Albuquerque, NM
Workshop Presenter
Transformation by Fire:Clay as a tool for Social Change
- 2016-2017 **Barbara Schlifer Commemorative Clinic** Toronto, ON
Art Psychotherapist, Counsellor/Advocate
Provide trauma-informed, anti-oppressive long-term individual and group psychotherapy for women who have experienced trauma. Implement art-based, body-based practices and

sensorimotor therapy into practice. Create and facilitate art therapy based social action projects on issues of gender-based violence. Provide advocacy and support to women towards reaching their goals and to create a sense of new meaning in their lives. Work collaboratively on a team towards providing beneficial community and clinical based services, take part in peer and individual supervision. Skills include providing intake service, intervention plans and assessments. Provide clinical supervision for art therapy interns and social work students. Deliver trainings on trauma informed practice and art therapy.

2010-2016 **YWCA Toronto Breakthrough Program** Toronto, ON

Art therapist

Provide community and clinical based services for women who have experienced trauma. Create and facilitate art therapy based, body-based and psycho-educational groups for women healing from the effects of trauma, as well as creating and facilitating social action projects on issues of violence against women. Provide advocacy and support for women towards reaching their goals. Work collaboratively on a team towards providing beneficial community and clinical based services, take part in peer and individual supervision. Skills include providing intake service, treatment plans and assessments as well as individual counselling. Responsible for documenting, reporting and the gathering of statistics for the program. Delivered training and created manual for program on the use of EMHware, an electronic database. Provide training and consultation with other professionals of YWCA Toronto on art therapy based, body-based approaches and trauma informed practice. Provide clinical supervision for art therapy interns.

2014-Present **Supervision** Toronto, ON

Provide supervision for art therapy students, social work students.

2012-2019 **Toronto Art Therapy Institute** Toronto, ON

Art Therapy Lecturer

Deliver lecture: *'Being in Community': Art Therapy with women who have experienced violence and abuse*. Provide education through an experiential trauma-informed workshop on the effects of trauma, addictions and mental illness and how approaches such as art therapy and body based practices support in healing.

2012 **YWCA Toronto Breakthrough and Women's College Hospital**

Art Therapist

A collaborated pilot project funded by the LHIN towards research on improving access to services for women with addictions and mental health concerns who have experienced trauma. Created and co-facilitated an expressive arts and body based group that incorporated delivering a psycho-educational framework through an expressive arts and body-based lens on supporting women towards building resources and resilience from the effects of trauma.

2010 **Behavioural Insights Inc.** St. Lucia, W.I

Art Therapist/Advocate (6- month contract)

Provided art therapy for children and youth (3-21 yrs.) who have experienced trauma and mental health issues. Facilitated crisis intervention for clients who have experience interpersonal violence and developed treatment plans towards growth and healing. Delivered psycho-educational counselling to families and teachers on issues of trauma and abuse. Conducted family therapy and parent child dyads. Took part in weekly peer supervision and worked collaboratively with different agency partners in advocating for children and youth.

2010 **Integral Healthcare Medical Clinic** St. Lucia, W.I

Art Therapist/Advocate (6- month part time contract)

Conducted art therapy with children and youth (4-17yrs). Worked with children who have challenges with anxiety, depression, developmental abilities and experiences of trauma. Took part in weekly supervision and collaborative partnerships with other health professionals. Provided psycho-educational counselling to families and teachers. Conducted family therapy

and parent child dyads. Developed creative treatment plans alongside clients towards their plans and goals.

2008-2009 **The Barbara Schlifer Commemorative Clinic** Toronto, ON

Art Therapist Intern/Advocate

Co-facilitated an art therapy social action project for women who have experienced abuse. Collaborated in the development and organization of the exhibit 'Breaking the Mould' at the Gardiner Museum that educated the public on issues of violence against women.

2008-2009 **The Barbara Schlifer Commemorative Clinic** Toronto, ON

Art Therapist Intern

Co-facilitated an open expressive art therapy group for women who have experienced violence. Provided a safe, therapeutic, non-judgmental environment to facilitate creative expression and healing.

2008-2009 **Earl Grey Middle School** Toronto, ON

Art Therapist Intern

Provided art therapy within a school setting. Supplied a supportive, enriching, therapeutic environment where children (9-13yrs.) were able to safely express and communicate feelings through verbal and non-verbal expression. Worked with children facing challenges, such as anxiety, depression and developmental abilities. Collaborated partnerships with family members, educators, and community healthcare providers.

Community Service

2014-2015 **Toronto Art Therapy Institutes Advisory Committee** Toronto, ON

Work collaboratively on a team with other art therapists on developing and shaping programs to enhance student learning.

2010 **Linking Voices Community Project** St. Lucia, W.I

An expressive arts empowerment group for young women

Art Therapist/Advocate

Created, developed, organized, evaluated and facilitated project on oppressive experiences that young women face in regards to trauma and prejudices in St. Lucia. Provided a platform for young women to share their stories, knowledge, histories and values that get them through adversities.

2010 **St. Lucia Crisis Centre** St. Lucia, W.I

Provided psycho-education on trauma and art therapy workshops to healthcare professionals in training.

2010 **Rotary Club of St. Lucia Easter Camp for at Risk Youth** St. Lucia, W.I

Facilitated the 'Tree of Life' project with youth who are at risk. Provided a safe, non-judgmental challenging and empowering environment where youth were invited to share stories about their own skills, knowledge, histories and values that sustain them through the difficulties they may face.