

## **PATRICIA HOI LING KI**

RCAT, MSW, RSW, PhD Cand.

ki.patricia@gmail.com

### **EDUCATION**

- 2018-present **Doctoral student**, Critical Disability Studies, School of Health Policy and Management, York University
- 2013-2014 **Master of Social Work**, York University  
**Major Research Paper:** *What Do We Mean By Support? A Discourse Analytic Study of Practitioners' Talk about Facilitating Support Groups for Eating and Body Image Issues*
- 2011-2013 **Bachelor of Social Work**, Spec. Hons., Suma Cum Laude, York University
- 2008-2011 **Graduate Diploma in Art Therapy**, Toronto Art Therapy Institute  
**Thesis:** *Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders*
- 2003-2007 **Bachelor of Fine Arts**, Ontario College of Art and Design

### **HONOURS & AWARDS**

- 2019 **First Place, Annual Student Paper Competition**, Canadian Disability Studies Association
- 2014 **Gerry Erikson Prize for Best Practice-Based Research Paper**, Graduate Program in Social Work, York University
- 2013-2014 **York University Graduate Scholarship**
- 2012 **Dr. Martin A. Fischer Award for Best Thesis**, Toronto Art Therapy Institute
- 2011 **York University Continuing Student Scholarship**

### **RESEARCH INTERESTS**

- Discourses of gender, mental health disabilities, emotions, and trauma
- Knowledge production through practices in mental health, psychiatric, and disability services
- Using arts-based practices to increase inclusiveness and diversity in knowledge production, research, service development, policy change, advocacy, and community organizing

### **PEER-REVIEWED PUBLICATIONS**

- Ki, P. & Muskat, A. (2018). Practicing gratitude: Reflections on a community-based group in a supportive housing setting. In C. Wilkins, S. Skolnik & J. Genke (eds.), *Proceedings of the XXXVIII and XXXIX Annual Symposia of the International Association for Social Work with Groups (New York 2016/2017)*. New York, NY: International Association for Social Work with Groups.
- Ki, P. (2015). Telling a different story about 'eating disorders': Reflections on historical and social contexts and women's narratives about well-being and recovery. In P. A. Pryma, F. J. Graveline & T. Weinberg (eds.), *Resilience, recovery & art therapy: A collection of articles, 36<sup>th</sup> Canadian Art Therapy Association Conference* (pp. 130-140). Parksville, BC: Canadian Art Therapy Association.

- Lee, T. Y., Mitchell, G. J., Liaw, J. J., Ho, G., Cheng, T., Ki, P., & Wong, W. (2015). Art therapy for Chinese Canadian breast cancer survivors in Toronto. *Journal of Scientific Research & Reports*, 4(5), 421-429.
- Ki, P. (2014). The prevalence of mental health issues in children and youth involved with child welfare services in Ontario [poster]. *Revue York Online Undergraduate Research Review*, 1(1), 131. <http://yourreview.journals.yorku.ca/index.php/yourreview/article/view/40344>
- Ki, P. (2013). Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders. *Canadian Art Therapy Association Journal*, 24(2), 1-13.

## PRESENTATIONS

- Ki, P. (2019, June). *Defiant bodies and subversive rage: A gendered history of borderline personality disorder*. Paper presented at 16th Annual Conference of the Canadian Disability Studies Association at the Congress of the Humanities and Social Sciences, Vancouver, BC.
- Ki, P. (2018, October). *Make our own maps: Creative journalling with women through the landscapes of substance use and trauma*. Workshop presented at the 39th Annual Canadian Art Therapy Association Conference, Montreal, QC.
- Muskat, A., Ki, P., & Luminoso, K. (2017, June). *Practicing gratitude: Reflections on a community-based group in a supportive housing setting*. Workshop presented at 2017 International Association for Social Work with Groups Symposium, New York, NY.
- Ki, P. (2016, November). *What is art therapy? Theories and practice implications*. Guest lecture presented at Humber College Addictions & Mental Health program, Holistic Assessment & Interventions: Determinants of Health (ADMH 5005), Toronto, ON.
- Ki, P. (2015, October). *Telling a different story about 'eating disorders': Reflections on historical and social contexts and women's narratives about well-being and recovery*. Paper presented at 36<sup>th</sup> Canadian Art Therapy Association Conference, Halifax, NS.
- Ki, P. (2014, September). *What do we mean by support? A discourse analytic study of practitioners' talk about facilitating support groups for eating and body image issues*. Paper presented at Practice-based Research Paper Conference, School of Social Work, York University, Toronto, ON.
- Ki, P. (2013, February). *Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders*. Paper presented at National Initiative for Eating Disorders Symposium, Toronto, ON.
- Ki, P. (2013, February). *The prevalence of mental health issues in children and youth involved with child welfare services in Ontario*. Poster presented at York University's Undergraduate Research Fair 2012-13, Toronto, ON.

## PROFESSIONAL EXPERIENCES

- 2019-present **Practicum Supervisor, Toronto Art Therapy Institute**
- Supervising student placements onsite and offsite in the areas of mental health and group facilitation.
- 2018-present **Teaching Assistant, Department of Human Rights and Equity Studies, York University**
- Leading tutorials for 50 students in undergraduate courses.

- Collaborating with course director, lesson planning and developing supplementary material to support student learning.
  - Grading assignments, tests, and exams.
- 2015-2018 **Counsellor, Supportive Housing, Jean Tweed Centre**
- Offering services in counselling and service coordination in a supportive housing program for women living with mental health and/or substance use issues.
  - Leading in the design, facilitation, and evaluation of group programming using mindfulness-based and expressive arts practices.
  - Liaising with other service providers and supporting tenants to navigate systems such as primary health, mental health, and Ontario Disability Support Program.
  - Providing supervision and training to social work students.
- 2014 **Trauma Counsellor, Women's Connection Program, Parkdale Community Health Centre (Contract)**
- Offered individual counselling for women who have experienced trauma; supported pre-natal and post-natal groups; facilitated the open art studio group.
- 2014-2015 **Shelter Support Worker/Trauma Counsellor (relief), YWCA Toronto Women's Shelter**
- 2014 **Master of Social Work Placement Student, Sistering: A Women's Place**
- Offered drop-in counselling to women experiencing poverty, housing insecurity, substance use and mental health issues, disabilities, and social marginalization.
- 2013-2014 **Graduate Assistant, New Opportunities for Innovative Student Engagement (NOISE), York University**
- In a participatory action research project, planned and facilitated weekly group meetings with high school students living in the Jane/Finch neighbourhood to discuss various research methods and social issues such as place-based discrimination.
  - Coordinated social action events and research presentations in collaboration with the youth and social work students.
- 2012-2013 **Bachelor of Social Work Placement Student, YWCA Toronto**
- Planned and co-facilitated counselling and social action groups for women who have experienced trauma and mental health issues using expressive arts practices.
- 2010-2014 **Expressive Arts Group facilitator, Sheena's Place**
- Developed and facilitated arts-based support groups for individuals living with eating disorders; organized awareness-raising events with program participants through annual expressive arts exhibition.

## MEMBERSHIPS

**Registered member, Ontario College of Social Workers and Social Service Workers**

**Registered member, Canadian Art Therapy Association**

- Editor and designer of *Envisage*, CATA's online magazine since 2017; member of Annual Conference Committee since 2012.

## LANGUAGES

Fluent in English and Chinese (spoken and written)